

# Menu List

## Main Menu Disc 1

### **1. Day 1**

#### **Page 1**

- Chapter 1 - Discussion/Simulations
- Chapter 2 - Porcupine Game
- Chapter 3 - YoYo Over Obstacle
- Chapter 4 - Circle Game w/Obstacle

#### **Page 2**

- Chapter 1 - Target Training
- Chapter 2 - Flick & Go
- Chapter 3 - Conclusion - Day 1

### **2. Day 2**

- Chapter 1 - Discussion/Simulations
- Chapter 2 - Tools & Techniques
- Chapter 3 - Transitions/Change Of Direction

### **3. Slideshow (if applicable)**

## Main Menu Disc 2

### **1. Day 2**

#### **Page 1**

- Chapter 1 - Saddle Fit
- Chapter 2 - Riding Basics Review
- Chapter 3 - 9-Step Backup
- Chapter 4 - Sideways
- Chapter 5 - Leap Frog
- Chapter 6 - My Horse Won't Stop

#### **Page 2**

- Chapter 1 - Trot/Walk Transitions
- Chapter 2 - Canter/Trot Transitions
- Chapter 3 - Conclusion - Day 2

## Main Menu Disc 3

### **1. Day 3 - Ground Work**

- Chapter 1 - Transitions/Change Of Direction
- Chapter 2 - Liberty Preparation

### **2. Day 3 - Liberty Sessions**

### **3. Day 3 - Under Saddle**

#### **Page 1**

- Chapter 1 - Riding Basics Review
- Chapter 2 - Ribs/Circles
- Chapter 3 - Tit For Tat
- Chapter 4 - Clover Leaf

#### **Page 2**

- Chapter 1 - Figure 8 Task
- Chapter 2 - Sideways
- Chapter 3 - Conclusion - Day 3

### **4. Day 4**

- Chapter 1 - Discussion/Simulations
- Chapter 2 - Seat Builder

## Main Menu Disc 4

### **Day 4**

- Chapter 1 - Fluidity
- Chapter 2 - Sideways w/o Fence
- Chapter 3 - Liberty Sessions
- Chapter 4 - Riding Warmup/Review
- Chapter 5 - Obstacle Challenge
- Chapter 6 - Conclusion - Day 4