

Menu List

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1. Day 1

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- Chapter 1 - Introduction & Theory
- Chapter 2 - Simulations
- Chapter 3 - Fluidity
- Chapter 4 - Squeeze/Circle Over Jump

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- Chapter 1 - Backing
- Chapter 2 - Challenge Course
- Chapter 3 - Sideways w/o Fence
- Chapter 4 - Conclusion - Day 1

2. Day 2

- Chapter 1 - Fluidity
- Chapter 2 - Simulations/Discussion
- Chapter 3 - Moseying
- Chapter 4 - Target Training

Main Menu Disc 2

1. Day 2 - Part 1

Change Of Direction

2. Day 2 - Part 2

- Chapter 1 - Change Of Direction
- Chapter 2 - Sideways w/Fence
- Chapter 3 - Sideways w/o Fence

3. Day 2 - Part 3

- Chapter 1 - Riding Basics Review
- Chapter 2 - Direct Rein Turns
- Chapter 3 - Walk/Trot Transitions
- Chapter 4 - Better Backup
- Chapter 5 - Conclusion - Day 2
- Chapter 6 - Clover Leaf

4. Day 3

- Chapter 1 - Discussion
- Chapter 2 - Fluidity
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Main Menu Disc 3

Day 3

- Chapter 1 - Transitions
- Chapter 2 - Bow Tie
- Chapter 3 - Direct Rein Turns
- Chapter 4 - Conclusion - Day 2

2. Day 3 - On The Ground

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- Chapter 1 - Drive - Front End
- Chapter 2 - Backing Up
- Chapter 3 - Drive - Hindquarters
(Note: DVD says "3. Drive - Front End")
- Chapter 4 - Liberty
- Chapter 5 - Riding Warmup
- Chapter 6 - Transitions

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- Chapter 2 - Walk/Trot Transitions
- Chapter 3 - Trot/Canter Transitions
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- Chapter 5 - Question Box