

# Menu List

## Main Menu Disc 1

### 1. Day 1

#### Page 1

- Chapter 1 - Introductions
- Chapter 2 - Simulations
- Chapter 3 - Liberty - Jill
- Chapter 4 - Liberty - Dakota
- Chapter 5 - Liberty - Robin
- Chapter 6 - Liberty - Mindy

#### Page 2

- Chapter 1 - Liberty - Jim
- Chapter 2 - Liberty - Carol
- Chapter 3 - Liberty - Jan
- Chapter 4 - Liberty - Alice
- Chapter 5 - Conclusion - Day 1

### 2. Day 2

#### Page 1

- Chapter 1 - Discussion
- Chapter 2 - HQ/FQ Ballet
- Chapter 3 - Balancing Drive/Draw
- Chapter 4 - Circle Game

#### Page 2

- Chapter 1 - Change Of Direction
- Chapter 2 - Getting 2 Eyes
- Chapter 3 - Ss

### 3. Slideshow (if applicable)

## Main Menu Disc 2

### Day 2

- Chapter 1 - Libert Sessions

#### Sub-Menu 1

- 1 - Mindy
- 2 - Jim
- 3 - Jan
- 4 - Carol
- 5 - Robin
- 6 - Dakota

#### Sub-Menu 2

- 1 - Jill
- 2 - Alice
- 3 - Discussion

## Main Menu Disc 2 - Cont'd

### Day 2

- Chapter 2 - Group Catch Me Game

#### Sub-Menu 1

- 1 - Group 1
- 2 - Group 2
- 3 - Group 3

- Chapter 3 - Conclusion - Day 2

- Chapter 4 - Trail Walk

## Main Menu Disc 3

### Day 3

#### Page 1

- Chapter 1 - Discussion
- Chapter 2 - Simulations
- Chapter 3 - Figure 8 Pattern
- Chapter 4 - Weave Pattern

#### Page 2

- Chapter 1 - Figure 8 At Liberty

#### Sub-Menu 1

- 1 - Robin
- 2 - Jill
- 3 - Dakota
- 4 - Alice
- 5 - Jan
- 6 - Carol

#### Sub-Menu 2

- 1 - Discussion
- 2 - Mindy
- 3 - Jim
- 4 - Christi & Ebony

- Chapter 2 - Weave At Liberty

#### Sub-Menu 1

- 1 - Robin
- 2 - Jill
- 3 - Dakota
- 4 - Alice
- 5 - Discussion
- 6 - Jan

#### Sub-Menu 2

- 1 - Mindy
- 2 - Jim
- 3 - Carol

- Chapter 3 - Liberty Obstacle Course

- Chapter 4 - Conclusion - Day 3