

# Menu List

## Main Menu Disc 1

### **1. Day 1**

- Chapter 1 - Discussion/Simulations
- Chapter 2 - Fluidity
- Chapter 3 - Posture vs. Conformation
- Chapter 4 - Analyzing The Horse
- Chapter 5 - Hill Therapy
- Chapter 6 - Conclusion - Day 1

### **2. Day 2**

- Chapter 1 - Discussion/Simulations
- Chapter 2 - Fluidity/Discussion
- Chapter 3 - More Simulations
- Chapter 4 - Moseying
- Chapter 5 - Hill Therapy

### **3. Slideshow (if applicable)**

## Main Menu Disc 2

### **Day 2**

- Chapter 1 - Saddle Fit
- Chapter 2 - Preparation For Riding
- Chapter 3 - Riding Basics
- Chapter 4 - Walk/Trot Transitions
- Chapter 5 - Conclusion - Day 2

## Main Menu Disc 3

### **Day 3**

#### **Page 1**

- Chapter 1 - Discussion
- Chapter 2 - Fluidity
- Chapter 3 - Ribs
- Chapter 4 - Moseying
- Chapter 5 - Target Training
- Chapter 6 - Hill Therapy

#### **Page 2**

- Chapter 1 - Point-To-Point
- Chapter 2 - Circling/Ribs
- Chapter 3 - More Point-To-Point
- Chapter 4 - The Backup
- Chapter 5 - Direct Rein Turns
- Chapter 6 - Egg & Spoon Race

#### **Page 3**

- Chapter 1 - Conclusion - Day 3